



Post-Op Laparoscopy Instructions

Please remember after being discharged from the hospital:

1. You might experience shoulder or abdominal pain, which is due to the gas used to inflate your abdomen. This should pass in 24 hours.
2. You may have some vaginal bleeding or bloody discharge.
3. You may take tub baths or showers.
4. You should take it easy for the first week, but you may resume normal activities as you feel ready.
5. You may resume intercourse in 2 weeks. However, we suggest that you discuss this with your physician before doing so.
6. Notify us if you experience any of the following:
 - a. Chills or fever greater than 101°F on 2 occasions
 - b. Severe pelvic or abdominal pain
 - c. Incisional infection (worsening pain, redness, heat around incision)
 - d. Severe nausea and vomiting
7. Call the office to make your 4-6 week check up appointment today.

Above all, please notify us of any problems that arise before we see you again in the office.

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